



2023-2024 Season

Season Rules Matrix

Grade	Duration & Clock Management					Timeouts			Defense	Pressing
3rd	1st Half	Halftime	2nd Half	OT	Running Clock Stops	1 min	30 sec	OT	Man to Man	Last minute of the game/OT unless up by 20, must be full court man to man
	20 min	2 min	20 min	3 min	Last 2 minutes of 2nd half for whistles, timeouts & foul shots	2	2	30 sec		
4th	1st Half	Halftime	2nd Half	OT	Running Clock Stops	1 min	30 sec	OT	Man to Man	Last minute of the game/OT unless up by 20, must be full court man to man
	20 min	2 min	20 min	3 min	Last 2 minutes of 2nd half for whistles, timeouts & foul shots	2	2	30 sec		
5th	1st Half	Halftime	2nd Half	OT	Running Clock Stops	1 min	30 sec	OT	Man to Man	During the last 10 minutes of each half unless up by 20 until it gets under 15 and all of overtime
	20 min	2 min	20 min	3 min	Last 2 minutes of 2nd half for whistles, timeouts & foul shots	2	2	30 sec		
6th	1st Half	Halftime	2nd Half	OT	Running Clock Stops	1 min	30 sec	OT	No restrictions	No restrictions, unless up by 20 until it gets under 15
	20 min	2 min	20 min	3 min	Last 2 minutes of each half for whistles, timeouts & foul shots	2	2	30 sec		
7th	1 & 2 Qtr	Halftime	3 & 4 Qtr	OT	Running Clock Stops	1 min	30 sec	OT	No restrictions	No restrictions, unless up by 20 until it gets under 15
	10 min	1 min	10 min	3 min	Last 2 minutes of the game for whistles, timeouts & foul shots	1	2	30 sec		
8th	1 & 2 Qtr	Halftime	3 & 4 Qtr	OT	Running Clock Stops	1 min	30 sec	OT	No restrictions	No restrictions, unless up by 20 until it gets under 15
	10 min	1 min	10 min	3 min	Last 2 minutes of the game for whistles, timeouts & foul shots	1	2	30 sec		